

Fresh Mexican products exported
under international quality standards.

Manila Mango

Mangifera indica

Technical Data Sheet



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Description



The Manila mango (*Mangifera indica*) is a premium tropical fruit variety native to Mexico. It is known for its bright yellow skin, sweet aroma, and smooth, fiberless pulp. This variety has a delicate flavor and buttery texture, making it highly appreciated in international markets. Produced mainly in Veracruz, Mexico, the Manila mango is cultivated under strict quality and safety standards for export.



Sweet aroma
and soft
pulp



Quality and
natural
sweetness



Strict quality
and safety
standards

Selection and Handling



Select firm fruits with uniform color and no dark spots. Allow to ripen at room temperature until soft to the touch and fragrant. Once ripe, store under refrigeration to maintain freshness and slow ripening.



Storage



Temperature:
10–13 °C



Relative humidity:
85–90%



Shelf life: 2–3 weeks
under proper storage conditions.

Origin and Availability



Produced mainly in Veracruz, Mexico. Available from March to August, with the highest production between May and July.



Nutritional Information (per 100 g)

Nutrient	Amount
Energy	250 kJ / 62 kcal
Total Fat	0.4 g
Saturated Fat	0.1 g
Carbohydrates	15 g
Sugars	13.7 g
Dietary Fiber	1.6 g
Protein	0.8 g
Salt	0.01 g
Potassium	168 mg
Vitamin C	36.4 mg

Nutritional Value



Mango Manila is rich in vitamin C, A, and antioxidants, supporting immune health and skin vitality. Its natural sugars provide quick energy, while dietary fibre promotes healthy digestion.

Culinary Uses

Ideal for fresh consumption, smoothies, desserts, and sauces. Widely used in fruit salads, yogurts, and jams. Also suitable for juice processing and frozen mango pulp production.

Packaging Specifications

Packaging Type	Corrugated box
Boxes per pallet	90
Weight per box	10 kg
Pallets per load*	20
Total load weight*	18,000 kg
Peso por caja packaging.	10 kg / 22 lbs Certified

*Load in 48-foot container or refrigerated trailer.



At Afirma Internacional, S.A. de C.V., we are dedicated to the production, marketing, and export of agricultural products to national and international markets.

We operate in compliance with current official standards, ensuring that each of our processes meets the highest quality and food safety standards.

Our company offers a wide catalog of fresh and seasonal products, harvested in Veracruz, Mexico, recognized for their freshness and superior quality.

We are committed to providing our clients with carefully selected and certified products, ensuring proper classification, packaging, and logistics so that each shipment arrives in optimal condition at its destination.



Let's stay in touch



+52 228 133 7721



Halcón 4B, Col. Lomas de las Flores
Coatepec, Veracruz



www.afirmaproduce.com



contact@afirmaproduce.com